

Meals on Wheels of Takoma Park/Silver Spring 2023 Impact Report

DELIVERING HEALTHY, DELICIOUS MEALS...



1 KITCHEN



AND 240
VOLUNTEERS



CONTRIBUTING
OVER 12,000
HOURS



PREPARED
55,642
MEALS



DELIVERED TO
236
HOMEBOUND
NEIGHBORS

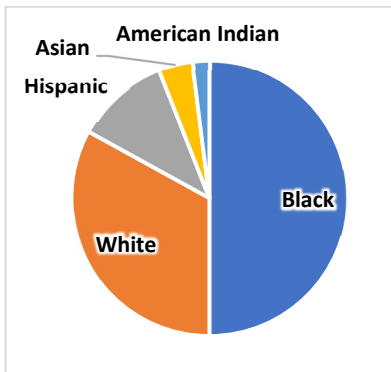
...TO OUR HOMEBOUND NEIGHBORS.

When we deliver meals, we also deliver peace of mind, providing dignity and the ability to live in their own homes to neighbors who have difficulty getting groceries or preparing their own meals. We're making our vision of a **more resilient, interconnected, and compassionate community** a reality!

Our clients represent all income levels, and are found in every type of neighborhood, including many immigrant communities. The people we serve include **elders**, individuals **living with disabilities**, those **undergoing treatment for cancer**, **immunocompromised** individuals, and those **recovering from surgery or illness**.

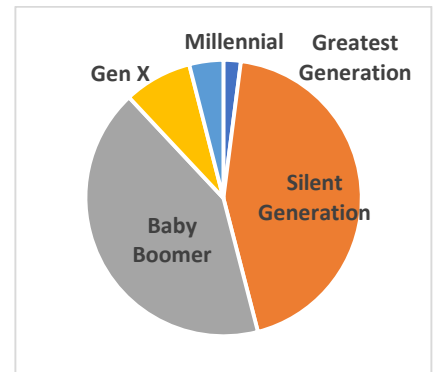
Clients, by Race/Ethnicity

50% African American or Black
33% White
11% Hispanic or Latinx
4% Asian or Pacific Islander
2% American Indian or Alaska Native



Clients, by Generation

1% Greatest Generation
34% Silent Generation
46% Baby Boomer
13% Gen X
6% Millennial



55% live ALONE

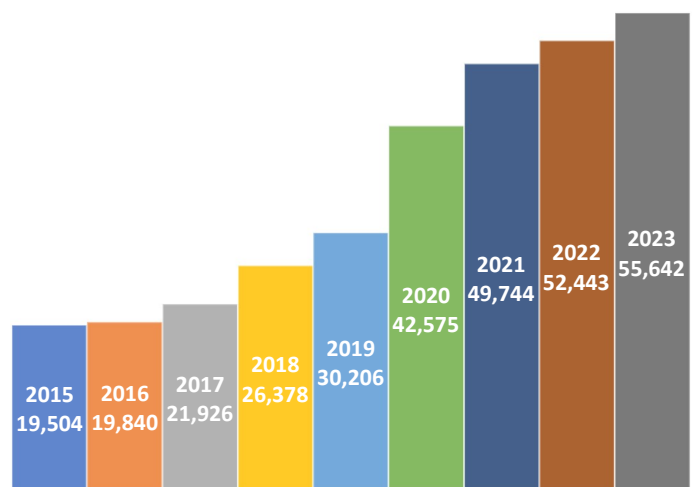
YOUR GENEROSITY KEEPS US GOING, GROWING & SERVING...

2023 brought more growth than ever! After the startling growth of 2020, the need has not plateaued – we continue to grow, year after year. In 2023, we served more meals than ever before, operating at nearly 3x pre-pandemic levels.

This would not be possible without incredible support from our community – volunteers and donors like you!

We finished 2023 strong, having served 55,642 meals to our homebound neighbors!

NUMBER OF MEALS SERVED 2015-2023



...AND WE'RE COMMITTED TO SERVING FAR INTO THE FUTURE.